



RED TIGER KARATE CLUB



Japanese Terminology Quiz

To encourage our students to learn the Japanese names of the techniques we practise at Karate we have put together a short quiz for our students to complete. Since joining the JKS, we must learn set grading combinations and these will be announced in Japanese. Therefore it is important that we understand what we are being asked to do. There are also some questions about the JKS so get ready to do your homework. All you need to do is complete our quiz and hand it back to your Instructor by Monday 9th March; we'll announce the winners on Friday 13th March. The following prizes will be awarded for students coming in 1st, 2nd and 3rd:

1st Place: Blitz White Diamond Heavyweight Karate Uniform

2nd Place: Blitz Silver Tournament Heavyweight Karate Uniform

3rd Place: Red Tiger Karate Club Rucksack with your name personalised on the front pocket

Your Name: _____ **Class Instructor:** _____

1) What does the word 'Jodan' mean?

- a) Upper Level
- b) Middle Level
- c) Lower Level

2) What does the word 'Chudan' mean?

- a) Lower Level
- b) Upper Level
- c) Middle Level

3) What do the letters 'JKS' stand for?

- a) Japanese Karate Shotorenmei
- b) Japanese Karate Shotokan
- c) Japan Karate Shotorenmei

4) Which area of the body would you be blocking by using a 'Jodan Age Uke'?

- a) Stomach
- b) Head
- c) Groin

5) Please match the Japanese word to the correct word in English. Connect the words with a line.

- | | |
|----------------|--------------------|
| Mae Geri | Upper Level Block |
| Chudan Zuki | Long Stance |
| Jodan Age Uke | Fundamentals |
| Kihon | Middle Level Punch |
| Zenkutsu Dachi | Front Kick |

6) What is the name of the first Kata we learn?

- a) Heian Yondan
- b) Tekki Shodan
- c) Heian Shodan

7) Please write the Japanese numbers from one to ten:

- 1-
- 2-
- 3-
- 4-
- 5-
- 6-
- 7-
- 8-
- 9-
- 10-

8) Please match the Japanese names for the kicks with their names in English. Connect the words with a line.

Mawashi Geri	Side Thrust Kick
Mae Geri	Back Kick
Ushiro Geri	Front Kick
Yoko Geri Keage	Side Snap Kick
Yoko Geri Kekomi	Roundhouse Kick
Ura Mawashi Geri	Hook Kick

9) The following combination is taken from the 6th Kyu - 4th Kyu Grading Syllabus. Can you translate it into English?

"Gedan Barai, Chudan Uchi Uke in Nekoashi Dachi, Gyaku Tzuki in Zenkutsu Dachi"

Is it:

1. Downwards Block, Stomach Level Inside Hooking Block in Cat Stance, Reverse Punch in Long Stance
2. Rising Head Level Block, Stomach Level Outside Hooking Block in Cat Stance, Reverse Punch in Back Stance
3. Downwards Block, Stomach Level Inside Hooking Block in Pigeon Toe Stance, Rising Head Level Block in Long Stance

10) When practising 'Gohon Kumite' which we refer to as 5 step sparring, there are 3 different attacks to learn and 3 different defences. Can you match the correct attacking technique with the correct defensive technique?

Jodan Zuki	Soto Uke
Chudan Zuki	Jodan Age Uke
Mae Geri	Gedan Barai

11) What is an Ashi Barai?

- a) A Downwards Block
- b) A Foot Sweep
- c) A Back stance

12) Below is our new grading belt sequence in the correct order. Can you fill in the missing belt colours?

9th Kyu - Orange Belt
8th Kyu - Red Belt
7th Kyu -
6th Kyu - Green Belt
5th Kyu -
4th Kyu - Purple & White Belt
3rd Kyu -
2nd Kyu - Brown Belt with a white stripe
1st Kyu - Brown Belt with two white stripes
1st Dan (Shodan) -

13) Who is the World Technical Director and Chief Instructor of the JKS?

- a) Alan Campbell Sensei
- b) Takashi Yamaguchi Sensei
- c) Masao Kagawa Sensei

14) What grade is the World Technical Director and Chief Instructor of the JKS?

- a) 8th Dan Black Belt
- b) 10th Dan Black Belt
- c) 6th Dan Black Belt

15) Which Katas would you need to learn for which grades?

For example: 'Heian Shodan' is for the grade of orange belt and red belt and 'Heian Nidan' is for the grade of yellow belt.

Heian Sandan is for the grade of
Heian Yondan is for the grade of
Heian Godan is for the grade of
Tekki Shodan is for the grade of
Bassai Dai is for the grade of
Junro Shodan is for the grade of

For the use of the Instructors only: Total Marks: / 44 Instructor Signed: _____